

OAKVILLE ADULT GROUP LESSONS:

*Summer Sessions Only:

SUMMER Session 3 [4 weeks] Week of July 1st – Week of July 22nd *No classes Monday July 1st - Canada Day
SUMMER Session 4 [4 weeks] Week of July 29th – Week of August 12th *No classes Monday August 5th - Civic Holiday

1.0-1.5 (Beginner Step 1)

Quickly grasp the game by learning basic tennis footwork, technical fundamentals, and ball control for effective rallying, volleying, and serving.

- Monday 6:30pm-7:30pm
- Session 3 & 4 [4 weeks] \$130

2.0-2.5 (Beginner Step 2)

Master the technique needed to execute singles and doubles tactics in point play.

- Tuesday 6:30pm-7:30pm
- Session 3 & 4 [4 weeks] \$130

3.0 – 3.5 (Intermediate)

Enhance groundstroke consistency on the move, improve attacking and net-winning abilities, and refine the quality of both first and second serves.

- Wednesday 6:30pm-7:30pm
- Session 3 & 4 [4 weeks] \$130

Shot of the Week 2.5-4.0

Enhance your form and consistency with an intensive drill session concentrating on a specific stroke. Topics may include serves & returns, approach/drop shots, cross-court rally balls, attacking forehands, lobs & overheads.

- Thursday 6:30pm-7:30pm
- Session 3 & 4 [4 weeks] \$130

*All fees subject to HST